

## Cafes and restaurants

- 1 Good News Centre** High St, Newent, GL18 1AN  
tel. 01531 821456 Mon to Sat 9 - 5pm
  - 2 The Cake Box Tea Rooms** 31 - 33, Broad St, Newent, GL18 1AQ  
tel. 01531 821840 opening times vary
  - 3 Buttery Tea Rooms** 1 Culver St, Newent, GL18 1DB  
tel. 01531 820896 Mon to Sat 9 - 5pm, Sun lunchtime 12.30 - 2.30pm
  - 4 All Seasons Deli & Cafe** 10 Church, St Newent, GL18 1PP  
tel. 01531 822940 Mon to Sat 9 - 5pm (Wed & Sat until 3pm)
  - 5 Erols Sandwich Bar** 16 Church St, Newent, GL18 1PP  
tel. 07565 296804 Mon to Fri 9 - 3pm
  - 6 Newent Kebab & Pizza House** 2 Church St, Newent, GL18 1PU  
tel. 01531 822443 Mon to Sat 1 - 10pm
  - 7 Bromsberrow Community shop and cafe** Bromsberrow Heath, HR8 1PG  
tel. 01531 650744 Mon to Fri 9 - 5pm, Sat & Sun 9 - 12.30pm
  - 8 Trioscape Garden Centre** Highleadon, Newent, GL18 1HQ  
tel. 01452 790550 Mon to Sat 9 - 5.30pm, Sun 10.30 - 4.30pm
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- 1 The Italian Kitchen Trattoria** 31-33 Broad St, Newent, GL18 1AQ  
tel. 01531 821840 Thur and Sat evenings times vary
  - 2 Meryems Turkish Restaurant** The Shambles St, Newent, GL18 1AJ  
tel. 01531 248040 Thur, Fri and Sat 6pm - until late
  - 3 Newent Tandoori** 34 Broad St, Newent, GL18 1AJ  
tel. 01531 822748 Mon to Sun 5pm - until late

## Pubs and accommodation

- A. Kings Arms** Ross Road, Newent, GL18 1BD  
tel. 01531 820548 Real ales, lunchtime & evening meals (except Mons)
- B. Red Lion** 2 Broad Street, Newent, GL18 1AH  
tel. 01531 828075 Real ales pub in market square
- C. Cobblers** 7 Church Street, Newent, GL18 1SA  
tel. 07990 992545 Real ales, micro pub, evenings until 9pm with no music
- D. George Hotel** 21 Church Street, Newent, GL18 1PU  
tel. 01531 820203 Real ales, lunchtime & evening meals, accommodation
- E. Black Dog** 47 Church Street, Newent, GL18 1AA  
Real ales, half-timbered pub, lunchtime & evening meals
- Beauchamp Arms Inn** The Village, Dymock, GL18 2AQ  
tel. 01531 890266 Real ales, lunchtime & evening meals
- The Inn at Redmarley** Playley Green, Redmarley, GL19 3NB  
tel. 01531 650234 Real ales, lunchtime & evening meals, accommodation
- The Swan** Ledbury Road, Staunton, GL19 3QA  
tel. 01452 840323 Real ales, lunchtime & evening meals
- The Royal Exchange** Gloucester Road, Hartpury, GL19 3BW  
tel. 01452 700273 Real ales, lunchtime & evening meals

## Other information

### www.aboutnewent.co.uk

A guide and directory of places to visit, attractions, shops, pubs, restaurants, hotels, bed and breakfasts and more.

### The Orchard Centre, Hartpury

Blackwells End, Hartpury, GL19 3DB. [www.tasteandexplore.com](http://www.tasteandexplore.com)  
tel. 01531 828330

### Garland Hut, Ryton

Picnic area for cyclists and walkers, also an exhibition on the Dymock Poets is displayed in the garden hut. Groups please phone ahead. tel. 01531 890416.

**Next Day Tyres, Newent** Sells discount bike tyres and accessories  
tel. 01531 822066 [www.nextdaytyres.co.uk](http://www.nextdaytyres.co.uk)

## Cycling for health

Cycling is fun, fast, flexible and free (well, almost!). It is an excellent way to keep fit. A regular cyclist in mid-adulthood is typically as fit as someone 10 years younger and will suffer fewer of the diseases afflicting the obese.

The wider benefits of cycling are to help improve our streets, communities and the environment; tackling everything from congestion, pollution, noise, road danger and the school run to climate change.

Cycling is one of the best ways of replacing the 60% of car trips that are under 5 miles.

## Cycling with care

The route has been assessed by Gloucestershire Road Safety Audit Team who recommend the route be travelled in an anti-clockwise direction, with 5 junctions being safer in that direction, as opposed to 3 junctions being safer in the clockwise direction.

The lanes are shared with other vehicles so please take care. Wear brightly coloured clothing and use lights after dark so you can be seen.

Information prepared by

### Newent Cycling Group

For information on our social cycle rides tel. 07403 010359

Facebook.com/NewentCycling  
groupspaces.com/NewentCycling



Funded by

**Active Together**



This map has been produced by Newent Cycling Group, and whilst every care has been taken to be accurate, no liability or responsibility will be accepted in any circumstances whatsoever, should anyone experience any loss, damage or injury. This cycle route should be used solely on this understanding. The information contained in this leaflet is correct to the best of our knowledge at the time of going press.

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## Follow the signed on road route and enjoy the countryside



<http://newentloop.org/maps>



Pick up the free map/leaflet to give you information about the area and points of interest.



Link to <http://newentloop.org/maps>